

Move to the Music!

Compare how you feel when listening to Chopin's classical music and to other musical styles.

Directions:

Close your eyes and listen to the classical music of Frederic chopin.
Begin to move just your arms to the feeling of the music.
Slowly, add your legs, your finger tips, neck, hips....

Write down at least 5 words that describe how you feel while listening to classical music.
Next, describe what your movements were like.

Do the same exercise with a different style of music. Compare and contrast the feelings and movements.

Frederic Chopin Classical Music	Jazz, Rock, Blues, Country, Folk ...